

CHŁOPCY

LEKKOATLETYCZNE TABELY PUNKTOWE

• Igrzyska Młodzieży Szlonej - Szkolna drużynowa liga lekkoatletyczna

R - pomiar ręczny

Pkt	100m	100m	300m	300m	600m	1000m	110pł	110pł	300pł	wzwyż	w dal	kula 5 kg	dysk 1 kg	oszczep 600 g	4x100	4x100	Pkt
		R		R				R								R	
Powyżej 200 pkt.	1 pkt. za 0,03 s		1 pkt. za 0,1 s		1 pkt. za 0,15 s	1 pkt. za 0,25 s	1 pkt. za 0,04 s		1 pkt. za 0,02 s	3 pkt. za 1 cm	1 pkt. za 2 cm	1 pkt. za 10 cm	1 pkt. za 40cm	1 pkt. za 40cm	1 pkt. za 0,1 s		Powyżej 200 pkt.
200	10.74	10.5	34.49	34.2	1:19.28	2:28.63	14.23	13.9	37.65	2.06	7.11	16.99	64.16	66.78	43.57	43.4	200
199	10.76		34.56	34.3	1:19.46	2:28.92	14.27	14.0	37.74	2.05	7.09	16.92	63.86	66.46	43.66	43.5	199
198	10.78		34.63		1:19.64	2:29.20	14.31		37.83		7.08	16.85	63.58	66.16	43.75	43.6	198
197	10.79		34.69	34.4	1:19.83	2:29.49	14.35	14.1	37.92	2.04	7.06	16.78	63.28	65.86	43.84	43.7	197
196	10.81		34.76	34.5	1:20.01	2:29.78	14.40		38.00		7.05	16.70	62.98	65.56	43.93		196
195	10.83		34.83		1:20.20	2:30.07	14.44	14.2	38.09	2.03	7.03	16.63	62.68	65.26	44.02	43.8	195
194	10.85	10.6	34.89	34.6	1:20.38	2:30.36	14.48		38.18		7.01	16.56	62.38	64.96	44.12	43.9	194
193	10.87		34.96	34.7	1:20.57	2:30.65	14.52		38.27	2.02	7.00	16.48	62.08	64.66	44.21	44.0	193
192	10.89		35.03		1:20.76	2:30.94	14.56	14.3	38.36		6.98	16.41	61.78	64.36	44.30	44.1	192
191	10.91		35.10	34.8	1:20.94	2:31.23	14.60		38.45	2.01	6.97	16.34	61.50	64.06	44.39	44.2	191
190	10.93		35.16	34.9	1:21.13	2:31.53	14.65	14.4	38.54		6.95	16.27	61.20	63.74	44.48	44.3	190
189	10.94	10.7	35.23		1:21.32	2:31.82	14.69		38.63	2.00	6.94	16.19	60.90	63.44	44.57	44.4	189
188	10.96		35.30	35.0	1:21.51	2:32.12	14.73		38.72	1.99	6.92	16.12	60.60	63.14	44.67	44.5	188
187	10.98		35.37	35.1	1:21.70	2:32.41	14.77	14.5	38.81		6.90	16.05	60.30	62.84	44.76	44.6	187
186	11.00		35.44	35.2	1:21.89	2:32.71	14.82		38.90	1.98	6.89	15.97	60.00	62.54	44.85	44.7	186
185	11.02		35.51		1:22.08	2:33.01	14.86	14.6	38.99		6.87	15.90	59.70	62.24	44.95	44.8	185
184	11.04	10.8	35.57	35.3	1:22.27	2:33.31	14.90		39.08	1.97	6.86	15.83	59.40	61.94	45.04	44.9	184
183	11.06		35.64	35.4	1:22.46	2:33.61	14.94	14.7	39.17		6.84	15.75	59.12	61.62	45.13		183
182	11.08		35.71		1:22.65	2:33.91	14.99		39.27	1.96	6.82	15.68	58.82	61.32	45.23	45.0	182
181	11.10		35.78	35.5	1:22.84	2:34.22	15.03		39.36		6.81	15.61	58.52	61.02	45.32	45.1	181
180	11.12		35.85	35.6	1:23.04	2:34.52	15.07	14.8	39.45	1.95	6.79	15.54	58.22	60.72	45.41	45.2	180
179	11.14	10.9	35.92		1:23.23	2:34.82	15.12		39.55	1.94	6.78	15.46	57.92	60.42	45.51	45.3	179
178	11.16		35.99	35.7	1:23.42	2:35.13	15.16	14.9	39.64		6.76	15.39	57.62	60.12	45.60	45.4	178
177	11.18		36.06	35.8	1:23.62	2:35.44	15.20		39.73	1.93	6.74	15.32	57.32	59.80	45.70	45.5	177
176	11.20		36.13		1:23.81	2:35.75	15.25	15.0	39.83		6.73	15.24	57.02	59.50	45.80	45.6	176
175	11.22		36.20	35.9	1:24.01	2:36.05	15.29		39.92	1.92	6.71	15.17	56.72	59.20	45.89	45.7	175
174	11.24	11.0	36.27	36.0	1:24.20	2:36.36	15.34	15.1	40.02		6.69	15.10	56.44	58.90	45.99	45.8	174
173	11.26		36.34	36.1	1:24.40	2:36.68	15.38		40.11	1.91	6.68	15.02	56.14	58.60	46.08	45.9	173
172	11.28		36.42		1:24.60	2:36.99	15.42		40.21		6.66	14.95	55.84	58.30	46.18	46.0	172
171	11.30		36.49	36.2	1:24.80	2:37.30	15.47	15.2	40.31	1.90	6.65	14.88	55.54	58.00	46.28	46.1	171
170	11.31		36.56	36.3	1:25.00	2:37.62	15.51		40.40	1.89	6.63	14.80	55.24	57.68	46.37	46.2	170
169	11.34	11.1	36.63		1:25.19	2:37.93	15.56	15.3	40.50		6.61	14.73	54.94	57.38	46.47	46.3	169
168	11.36		36.70	36.4	1:25.39	2:38.25	15.60		40.60	1.88	6.60	14.66	54.64	57.08	46.57	46.4	168
167	11.38		36.77	36.5	1:25.59	2:38.57	15.64	15.4	40.70		6.58	14.59	54.34	56.78	46.67	46.5	167
166	11.40		36.85	36.6	1:25.79	2:38.89	15.69		40.80	1.87	6.56	14.51	54.04	56.48	46.76	46.6	166
165	11.42		36.92		1:26.00	2:39.21	15.73		40.90		6.55	14.44	53.74	56.18	46.86	46.7	165
164	11.44	11.2	36.99	36.7	1:26.20	2:39.53	15.78	15.5	41.00	1.86	6.53	14.37	53.44	55.86	46.96	46.8	164
163	11.46		37.06	36.8	1:26.40	2:39.85	15.82		41.09		6.51	14.29	53.16	55.56	47.06	46.9	163
162	11.48		37.14	36.9	1:26.60	2:40.18	15.87	15.6	41.20	1.85	6.50	14.22	52.86	55.26	47.16	47.0	162
161	11.50		37.21		1:26.81	2:40.50	15.92		41.30	1.84	6.48	14.15	52.56	54.96	47.26	47.1	161
160	11.52		37.28	37.0	1:27.01	2:40.83	15.96	15.7	41.40		6.46	14.07	52.26	54.66	47.36	47.2	160
159	11.54	11.3	37.36	37.1	1:27.22	2:41.16	16.01		41.50	1.83	6.45	14.00	51.96	54.34	47.46	47.3	159
158	11.56		37.43		1:27.42	2:41.49	16.05	15.8	41.60		6.43	13.93	51.66	54.04	47.56	47.4	158

157	11.58		37.51	37.2	1:27.63	2:41.82	16.10		41.70	1.82	6.41	13.85	51.36	53.74	47.66	47.5	157
156	11.60		37.58	37.3	1:27.84	2:42.15	16.14	15.9	41.81		6.40	13.78	51.06	53.44	47.76	47.6	156
155	11.62		37.66	37.4	1:28.04	2:42.48	16.19		41.91	1.81	6.38	13.71	50.76	53.14	47.87	47.7	155
154	11.64	11.4	37.73		1:28.25	2:42.82	16.24	16.0	42.01		6.36	13.63	50.46	52.82	47.97	47.8	154
153	11.66		37.81	37.5	1:28.46	2:43.16	16.28		42.12	1.80	6.35	13.56	50.16	52.52	48.07	47.9	153
152	11.69		37.88	37.6	1:28.67	2:43.49	16.33		42.22	1.79	6.33	13.49	49.86	52.22	48.17	48.0	152
151	11.71		37.96	37.7	1:28.88	2:43.83	16.38	16.1	42.33		6.31	13.41	49.56	51.92	48.28	48.1	151

150	11.73		38.03		1:29.09	2:44.17	16.42		42.43	1.78	6.30	13.34	49.26	51.62	48.38	48.2	150
149	11.75	11.5	38.11	37.8	1:29.31	2:44.51	16.47	16.2	42.54		6.28	13.27	48.96	51.30	48.48	48.3	149
148	11.77		38.18	37.9	1:29.52	2:44.86	16.52		42.65	1.77	6.26	13.19	48.66	51.00	48.59	48.4	148
147	11.79		38.26	38.0	1:29.73	2:45.20	16.56	16.3	42.75		6.24	13.12	48.36	50.70	48.69	48.5	147
146	11.81		38.34	38.1	1:29.95	2:45.55	16.61		42.86	1.76	6.23	13.05	48.06	50.40	48.80	48.6	146
145	11.84	11.6	38.42		1:30.16	2:45.90	16.66	16.4	42.97	1.75	6.21	12.97	47.76	50.10	48.90	48.7	145
144	11.86		38.49	38.2	1:30.38	2:46.24	16.71		43.08		6.19	12.90	47.46	49.78	49.01	48.8	144
143	11.88		38.57	38.3	1:30.59	2:46.59	16.75	16.5	43.19	1.74	6.17	12.83	47.16	49.48	49.11	48.9	143
142	11.90		38.65	38.4	1:30.81	2:46.95	16.80		43.30		6.16	12.75	46.86	49.18	49.22	49.0	142
141	11.92		38.73		1:31.03	2:47.30	16.85	16.6	43.41	1.73	6.14	12.68	46.56	48.88	49.32	49.1	141

140	11.94	11.7	38.81	38.5	1:31.25	2:47.66	16.90		43.52	1.72	6.12	12.60	46.26	48.56	49.43	49.2	140
139	11.97		38.88	38.6	1:31.47	2:48.01	16.95	16.7	43.63		6.11	12.53	45.96	48.26	49.54	49.4	139
138	11.99		38.96	38.7	1:31.69	2:48.37	17.00		43.74	1.71	6.09	12.46	45.66	47.96	49.65	49.5	138
137	12.01		39.04	38.8	1:31.91	2:48.73	17.04	16.8	43.86		6.07	12.38	45.36	47.66	49.75	49.6	137
136	12.03		39.12		1:32.13	2:49.09	17.09		43.97	1.70	6.05	12.31	45.06	47.34	49.86	49.7	136
135	12.06	11.8	39.20	38.9	1:32.35	2:49.46	17.14	16.9	44.09		6.03	12.24	44.76	47.04	49.97	49.8	135
134	12.08		39.28	39.0	1:32.58	2:49.82	17.19		44.20	1.69	6.02	12.16	44.46	46.74	50.08	49.9	134
133	12.10		39.36	39.1	1:32.80	2:50.19	17.24	17.0	44.31	1.68	6.00	12.09	44.16	46.44	50.19	50.0	133
132	12.12		39.44	39.2	1:33.03	2:50.56	17.29		44.43		5.98	12.02	43.86	46.14	50.30	50.1	132
131	12.15	11.9	39.52		1:33.25	2:50.93	17.34	17.1	44.55	1.67	5.96	11.94	43.56	45.82	50.41	50.2	131

130	12.17		39.60	39.3	1:33.48	2:51.30	17.39		44.66		5.95	11.87	43.26	45.52	50.52	50.3	130
129	12.19		39.69	39.4	1:33.71	2:51.67	17.44	17.2	44.78	1.66	5.93	11.80	42.96	45.22	50.63	50.4	129
128	12.21		39.77	39.5	1:33.94	2:52.05	17.49		44.90		5.91	11.72	42.66	44.90	50.74	50.6	128
127	12.24	12.0	39.85	39.6	1:34.16	2:52.42	17.54	17.3	45.02	1.65	5.89	11.65	42.36	44.60	50.86	50.7	127
126	12.26		39.93		1:34.40	2:52.80	17.59		45.14	1.64	5.87	11.57	42.06	44.30	50.97	50.8	126
125	12.28		40.02	39.7	1:34.63	2:53.18	17.64	17.4	45.26		5.86	11.50	41.76	44.00	51.08	50.9	125
124	12.31		40.10	39.8	1:34.86	2:53.57	17.69		45.38	1.63	5.84	11.43	41.46	43.68	51.19	51.0	124
123	12.33		40.18	39.9	1:35.09	2:53.95	17.74	17.5	45.50		5.82	11.35	41.16	43.38	51.31	51.1	123
122	12.35	12.1	40.27	40.0	1:35.33	2:54.34	17.79		45.62	1.62	5.80	11.28	40.86	43.08	51.42	51.2	122
121	12.38		40.35	40.1	1:35.56	2:54.73	17.85	17.6	45.75	1.61	5.78	11.20	40.56	42.78	51.54	51.4	121

120	12.40		40.43		1:35.80	2:55.12	17.90		45.87		5.77	11.13	40.26	42.46	51.65	51.5	120
119	12.42		40.52	40.2	1:36.04	2:55.51	17.95	17.7	46.00	1.60	5.75	11.06	39.96	42.16	51.77	51.6	119
118	12.45	12.2	40.60	40.3	1:36.27	2:55.91	18.00		46.12		5.73	10.98	39.66	41.86	51.88	51.7	118
117	12.47		40.69	40.4	1:36.51	2:56.30	18.05	17.8	46.25	1.59	5.71	10.91	39.36	41.54	52.00	51.8	117
116	12.50		40.78	40.5	1:36.75	2:56.70	18.11		46.37	1.58	5.69	10.84	39.06	41.24	52.12	51.9	116
115	12.52		40.86	40.6	1:37.00	2:57.10	18.16	17.9	46.50		5.67	10.76	38.74	40.94	52.24	52.1	115
114	12.55	12.3	40.95	40.7	1:37.24	2:57.51	18.21		46.63	1.57	5.65	10.69	38.44	40.64	52.35	52.2	114
113	12.57		41.04	40.8	1:37.48	2:57.91	18.26	18.0	46.76		5.64	10.61	38.14	40.32	52.47	52.3	113
112	12.59		41.12		1:37.73	2:58.32	18.32		46.89	1.56	5.62	10.54	37.84	40.02	52.59	52.4	112
111	12.62		41.21	40.9	1:37.97	2:58.73	18.37	18.1	47.02	1.55	5.60	10.47	37.54	39.72	52.71	52.5	111

110	12.64	12.4	41.30	41.0	1:38.22	2:59.14	18.42		47.15		5.58	10.39	37.24	39.40	52.83	52.6	110
109	12.67		41.39	41.1	1:38.47	2:59.56	18.48	18.2	47.28	1.54	5.56	10.32	36.94	39.10	52.95	52.8	109
108	12.69		41.48	41.2	1:38.71	2:59.98	18.53		47.42		5.54	10.24	36.64	38.80	53.07	52.9	108
107	12.72		41.57	41.3	1:38.97	3:00.40	18.59	18.3	47.55	1.53	5.52	10.17	36.34	38.48	53.20	53.0	107
106	12.74	12.5	41.65	41.4	1:39.22	3:00.82	18.64	18.4	47.68	1.52	5.50	10.09	36.04	38.18	53.32	53.1	106

105	12.77		41.74	41.5	1:39.47	3:01.24	18.69		47.82		5.48	10.02	35.72	37.88	53.44	53.3	105
104	12.79		41.84	41.6	1:39.72	3:01.67	18.75	18.5	47.96	1.51	5.46	9.95	35.42	37.58	53.56	53.4	104
103	12.82		41.93		1:39.98	3:02.10	18.81		48.09		5.45	9.87	35.12	37.26	53.69	53.5	103
102	12.85	12.6	42.02	41.7	1:40.23	3:02.53	18.86	18.6	48.23	1.50	5.43	9.80	34.82	36.96	53.81	53.6	102
101	12.87		42.11	41.8	1:40.49	3:02.97	18.92		48.37	1.49	5.41	9.72	34.52	36.66	53.94	53.8	101

100	12.90		42.20	41.9	1:40.75	3:03.41	18.97	18.7	48.51		5.39	9.65	34.22	36.34	54.07	53.9	100
99	12.92		42.29	42.0	1:41.01	3:03.85	19.03		48.66	1.48	5.37	9.58	33.92	36.04	54.19	54.0	99
98	12.95	12.7	42.39	42.1	1:41.27	3:04.29	19.08	18.8	48.80		5.35	9.50	33.60	35.74	54.32	54.1	98
97	12.98		42.48	42.2	1:41.54	3:04.73	19.14	18.9	48.94	1.47	5.33	9.43	33.30	35.42	54.45	54.3	97
96	13.00		42.57	42.3	1:41.80	3:05.18	19.20		49.09	1.46	5.31	9.35	33.00	35.12	54.58	54.4	96
95	13.03		42.67	42.4	1:42.07	3:05.64	19.26	19.0	49.23		5.29	9.28	32.70	34.80	54.71	54.5	95
94	13.06	12.8	42.76	42.5	1:42.33	3:06.09	19.31		49.38	1.45	5.27	9.20	32.40	34.50	54.84	54.7	94
93	13.08		42.86	42.6	1:42.60	3:06.55	19.37	19.1	49.53		5.25	9.13	32.10	34.20	54.97	54.8	93
92	13.11		42.96	42.7	1:42.87	3:07.01	19.43		49.68	1.44	5.23	9.06	31.78	33.88	55.10	54.9	92
91	13.14	12.9	43.05	42.8	1:43.14	3:07.47	19.49	19.2	49.83	1.43	5.21	8.98	31.48	33.58	55.23	55.0	91

90	13.16		43.15	42.9	1:43.41	3:07.94	19.55	19.3	49.98		5.19	8.91	31.18	33.28	55.36	55.2	90
89	13.19		43.25	43.0	1:43.69	3:08.41	19.60		50.13	1.42	5.17	8.83	30.88	32.96	55.50	55.3	89
88	13.22		43.34	43.1	1:43.97	3:08.88	19.66	19.4	50.28	1.41	5.15	8.76	30.58	32.66	55.63	55.4	88
87	13.25	13.0	43.44	43.2	1:44.24	3:09.36	19.72		50.44		5.13	8.68	30.26	32.36	55.76	55.6	87
86	13.27		43.54	43.3	1:44.52	3:09.84	19.78	19.5	50.59	1.40	5.11	8.61	29.96	32.04	55.90	55.7	86
85	13.30		43.64	43.4	1:44.80	3:10.33	19.84	19.6	50.75		5.09	8.53	29.66	31.74	56.04	55.9	85
84	13.33		43.74	43.5	1:45.09	3:10.81	19.90		50.91	1.39	5.07	8.46	29.36	31.42	56.17	56.0	84
83	13.36	13.1	43.84	43.6	1:45.37	3:11.31	19.96	19.7	51.07	1.38	5.05	8.38	29.06	31.12	56.31	56.1	83
82	13.39		43.94	43.7	1:45.66	3:11.80	20.02		51.23		5.03	8.31	28.74	30.82	56.45	56.3	82
81	13.42		44.05	43.8	1:45.94	3:12.30	20.09	19.8	51.40	1.37	5.00	8.23	28.44	30.50	56.59	56.4	81

80	13.45	13.2	44.15	43.9	1:46.23	3:12.80	20.15	19.9	51.56	1.36	4.98	8.16	28.14	30.20	56.73	56.5	80
79	13.47		44.25	44.0	1:46.52	3:13.31	20.21		51.73		4.96	8.09	27.84	29.88	56.87	56.7	79
78	13.50		44.35	44.1	1:46.82	3:13.82	20.27	20.0	51.89	1.35	4.94	8.01	27.52	29.58	57.01	56.8	78
77	13.53		44.46	44.2	1:47.11	3:14.33	20.33		52.06	1.34	4.92	7.94	27.22	29.26	57.16	57.0	77
76	13.56	13.3	44.56	44.3	1:47.41	3:14.85	20.40	20.1	52.23		4.90	7.86	26.92	28.96	57.30	57.1	76
75	13.59		44.67	44.4	1:47.71	3:15.38	20.46	20.2	52.40	1.33	4.88	7.79	26.62	28.66	57.45	57.3	75
74	13.62		44.78	44.5	1:48.01	3:15.90	20.52		52.58		4.86	7.71	26.30	28.34	57.59	57.4	74
73	13.65	13.4	44.88	44.6	1:48.31	3:16.44	20.59	20.3	52.75	1.32	4.84	7.64	26.00	28.04	57.74	57.6	73
72	13.68		44.99	44.7	1:48.62	3:16.97	20.65	20.4	52.93	1.31	4.81	7.56	25.70	27.72	57.89	57.7	72
71	13.71		45.10	44.8	1:48.92	3:17.51	20.72		53.11		4.79	7.49	25.38	27.42	58.04	57.9	71

70	13.74	13.5	45.21	44.9	1:49.23	3:18.06	20.78	20.5	53.29	1.30	4.77	7.41	25.08	27.10	58.19	58.0	70
69	13.78		45.32	45.0	1:49.55	3:18.61	20.85	20.6	53.47	1.29	4.75	7.34	24.78	26.80	58.34	58.2	69
68	13.81		45.43	45.1	1:49.86	3:19.17	20.92		53.66		4.73	7.26	24.46	26.50	58.49	58.3	68
67	13.84	13.6	45.54	45.3	1:50.18	3:19.73	20.98	20.7	53.84	1.28	4.70	7.19	24.16	26.18	58.64	58.5	67
66	13.87		45.65	45.4	1:50.49	3:20.29	21.05	20.8	54.03	1.27	4.68	7.11	23.86	25.88	58.80	58.6	66
65	13.90		45.77	45.5	1:50.82	3:20.86	21.12		54.22		4.66	7.04	23.56	25.56	58.95	58.8	65
64	13.93		45.88	45.6	1:51.14	3:21.44	21.18	20.9	54.41	1.26	4.64	6.96	23.24	25.26	59.11	58.9	64
63	13.97	13.7	46.00	45.7	1:51.46	3:22.02	21.25	21.0	54.61	1.25	4.61	6.89	22.94	24.94	59.27	59.1	63
62	14.00		46.11	45.8	1:51.79	3:22.61	21.32		54.80		4.59	6.81	22.62	24.64	59.43	59.2	62
61	14.03		46.23	45.9	1:52.13	3:23.21	21.39	21.1	55.00	1.24	4.57	6.73	22.32	24.32	59.59	59.4	61

60	14.07	13.8	46.35	46.1	1:52.46	3:23.81	21.46	21.2	55.20	1.23	4.55	6.66	22.02	24.02	59.75	59.6	60
59	14.10		46.46	46.2	1:52.80	3:24.41	21.53		55.40		4.52	6.58	21.70	23.70	59.91	59.7	59
58	14.13		46.58	46.3	1:53.14	3:25.03	21.60	21.3	55.61	1.22	4.50	6.51	21.40	23.40	60.08	59.9	58
57	14.17	13.9	46.70	46.4	1:53.48	3:25.65	21.67	21.4	55.82	1.21	4.48	6.43	21.10	23.08	60.25	60.1	57
56	14.20		46.83	46.5	1:53.82	3:26.27	21.75	21.5	56.03		4.45	6.36	20.78	22.78	60.41	60.2	56
55	14.24	14.0	46.95	46.7	1:54.17	3:26.91	21.82		56.24	1.20	4.43	6.28	20.48	22.46	60.58	60.4	55
54	14.27		47.07	46.8	1:54.53	3:27.55	21.89	21.6	56.46	1.19	4.41	6.21	20.16	22.16	60.75	60.6	54

53	14.31		47.20	46.9	1:54.88	3:28.20	21.97	21.7	56.68		4.38	6.13	19.86	21.84	60.92	60.7	53
52	14.34	14.1	47.32	47.0	1:55.24	3:28.85	22.04	21.8	56.90	1.18	4.36	6.06	19.54	21.52	61.10	60.9	52
51	14.38		47.45	47.2	1:55.60	3:29.52	22.12		57.12	1.17	4.33	5.98	19.24	21.22	61.27	61.1	51
50	14.41		47.58	47.3	1:55.97	3:30.19	22.19	21.9	57.35		4.31	5.90	18.94	20.90	61.45	61.3	50
49	14.45	14.2	47.71	47.4	1:56.34	3:30.87	22.27	22.0	57.58	1.16	4.29	5.83	18.62	20.60	61.63	61.4	49
48	14.49		47.84	47.6	1:56.71	3:31.56	22.34	22.1	57.82	1.15	4.26	5.75	18.32	20.28	61.81	61.6	48
47	14.53		47.97	47.7	1:57.09	3:32.26	22.42		58.06		4.24	5.68	18.00	19.98	61.99	61.8	47
46	14.56	14.3	48.10	47.8	1:57.47	3:32.97	22.50	22.2	58.30	1.14	4.21	5.60	17.70	19.66	62.18	62.0	46
45	14.60		48.24	48.0	1:57.86	3:33.68	22.58	22.3	58.54	1.13	4.19	5.52	17.38	19.34	62.36	62.2	45
44	14.64	14.4	48.38	48.1	1:58.25	3:34.41	22.66	22.4	58.79		4.16	5.45	17.08	19.04	62.55	62.4	44
43	14.68		48.51	48.2	1:58.64	3:35.15	22.74	22.5	59.05	1.12	4.14	5.37	16.76	18.72	62.74	62.6	43
42	14.72		48.65	48.4	1:59.04	3:35.90	22.82		59.30	1.11	4.11	5.30	16.46	18.42	62.93	62.7	42
41	14.76	14.5	48.79	48.5	1:59.44	3:36.66	22.91	22.6	59.57	1.10	4.08	5.22	16.14	18.10	63.13	62.9	41
40	14.80		48.94	48.7	1:59.85	3:37.43	22.99	22.7	59.83		4.06	5.14	15.84	17.78	63.33	63.1	40
39	14.84	14.6	49.08	48.8	2:00.27	3:38.21	23.07	22.8	60.10	1.09	4.03	5.07	15.52	17.48	63.53	63.3	39
38	14.88		49.23	48.9	2:00.69	3:39.01	23.16	22.9	60.38	1.08	4.00	4.99	15.20	17.16	63.73	63.5	38
37	14.92		49.38	49.1	2:01.11	3:39.82	23.25	23.0	60.66		3.98	4.92	14.90	16.84	63.93	63.7	37
36	14.97	14.7	49.53	49.2	2:01.54	3:40.64	23.33		60.95	1.07	3.95	4.84	14.58	16.54	64.14	64.0	36
35	15.01		49.68	49.4	2:01.98	3:41.48	23.42	23.1	61.24	1.06	3.92	4.76	14.28	16.22	64.35	64.2	35
34	15.05	14.8	49.83	49.5	2:02.42	3:42.33	23.51	23.2	61.54	1.05	3.90	4.69	13.96	15.90	64.56	64.4	34
33	15.10		49.99	49.7	2:02.87	3:43.20	23.60	23.3	61.84		3.87	4.61	13.64	15.60	64.78	64.6	33
32	15.14	14.9	50.15	49.9	2:03.33	3:44.08	23.69	23.4	62.15	1.04	3.84	4.53	13.34	15.28	65.00	64.8	32
31	15.19		50.31	50.0	2:03.80	3:44.99	23.79	23.5	62.47	1.03	3.81	4.46	13.02	14.96	65.22	65.0	31
30	15.23		50.47	50.2	2:04.27	3:45.91	23.88	23.6	62.79	1.02	3.78	4.38	12.70	14.66	65.45	65.3	30
29	15.28	15.0	50.64	50.4	2:04.75	3:46.85	23.98	23.7	63.13		3.75	4.30	12.40	14.34	65.68	65.5	29
28	15.33		50.81	50.5	2:05.23	3:47.81	24.07	23.8	63.47	1.01	3.72	4.23	12.08	14.02	65.92	65.7	28
27	15.38	15.1	50.98	50.7	2:05.73	3:48.79	24.17	23.9	63.82	1.00	3.70	4.15	11.76	13.70	66.16	66.0	27
26	15.43		51.15	50.9	2:06.24	3:49.79	24.27	24.0	64.18	0.99	3.67	4.07	11.44	13.40	66.40	66.2	26
25	15.48	15.2	51.33	51.0	2:06.75	3:50.82	24.38	24.1	64.55		3.64	3.99	11.14	13.08	66.65	66.5	25
24	15.53		51.51	51.2	2:07.28	3:51.88	24.48	24.2	64.92	0.98	3.60	3.92	10.82	12.76	66.90	66.7	24
23	15.58	15.3	51.70	51.4	2:07.82	3:52.96	24.59	24.3	65.31	0.97	3.57	3.84	10.50	12.44	67.16	67.0	23
22	15.64	15.4	51.89	51.6	2:08.37	3:54.07	24.70	24.4	65.72	0.96	3.54	3.76	10.18	12.12	67.42	67.2	22
21	15.69		52.08	51.8	2:08.93	3:55.22	24.81	24.5	66.13		3.51	3.68	9.86	11.80	67.69	67.5	21
20	15.75	15.5	52.28	52.0	2:09.51	3:56.40	24.92	24.6	66.56	0.95	3.48	3.61	9.56	11.50	67.97	67.8	20
19	15.81		52.48	52.2	2:10.10	3:57.61	25.03	24.7	67.01	0.94	3.44	3.53	9.24	11.18	68.25	68.1	19
18	15.87	15.6	52.69	52.4	2:10.71	3:58.87	25.15	24.9	67.47	0.93	3.41	3.45	8.92	10.86	68.54	68.4	18
17	15.93		52.90	52.6	2:11.33	4:00.17	25.27	25.0	67.95	0.92	3.38	3.37	8.60	10.54	68.84	68.7	17
16	15.99	15.7	53.12	52.8	2:11.97	4:01.52	25.40	25.1	68.45	0.91	3.34	3.29	8.28	10.22	69.15	69.0	16
15	16.06	15.8	53.35	53.1	2:12.64	4:02.93	25.52	25.2	68.97		3.31	3.22	7.96	9.90	69.46	69.3	15
14	16.12		53.58	53.3	2:13.32	4:04.39	25.66	25.4	69.52	0.90	3.27	3.14	7.64	9.58	69.79	69.6	14
13	16.19	15.9	53.83	53.5	2:14.03	4:05.92	25.79	25.5	70.10	0.89	3.23	3.06	7.32	9.26	70.13	69.9	13
12	16.26	16.0	54.08	53.8	2:14.77	4:07.53	25.93	25.6	70.71	0.88	3.19	2.98	7.00	8.94	70.48	70.3	12
11	16.34	16.1	54.34	54.1	2:15.54	4:09.22	26.08	25.8	71.35	0.87	3.15	2.90	6.68	8.62	70.85	70.7	11
10	16.42		54.61	54.3	2:16.35	4:11.01	26.23	25.9	72.04	0.86	3.11	2.82	6.34	8.30	71.23	71.0	10
9	16.50	16.2	54.90	54.6	2:17.20	4:12.91	26.39	26.1	72.78	0.85	3.07	2.74	6.02	7.98	71.64	71.5	9
8	16.59	16.3	55.20	54.9	2:18.10	4:14.96	26.55	26.3	73.58	0.84	3.03	2.66	5.70	7.66	72.06	71.9	8
7	16.68	16.4	55.52	55.2	2:19.05	4:17.16	26.73	26.4	74.45		2.98	2.58	5.38	7.32	72.52	72.3	7
6	16.78	16.5	55.87	55.6	2:20.08	4:19.58	26.92	26.6	75.42	0.83	2.94	2.50	5.04	7.00	73.00	72.8	6
5	16.89	16.6	56.24	56.0	2:21.20	4:22.26	27.12	26.8	76.50	0.82	2.89	2.42	4.72	6.68	73.53	73.3	5
4	17.01	16.7	56.65	56.4	2:22.44	4:25.30	27.34	27.1	77.75	0.81	2.83	2.34	4.38	6.36	74.12	73.9	4
3	17.14	16.9	57.11	56.8	2:23.84	4:28.87	27.58	27.3	79.25	0.79	2.77	2.26	4.04	6.02	74.78	74.6	3
2	17.30	17.0	57.66	57.4	2:25.51	4:33.27	27.87	27.6	81.15	0.78	2.71	2.18	3.70	5.70	75.56	75.4	2

1	17.51	17.2	58.37	58.1	2:27.69	4:39.41	28.23	27.9	83.91	0.77	2.63	2.09	3.36	5.36	76.58	76.4	1
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